

## What to Bring to “Switchback13”



### Gear and Supply List:

Below is a list of items that are recommended for “Switchback13”. This list includes a great deal of forethought, preparation and experience and should be seriously considered. Unless listed as “optional” these items should be brought to camp. This list is based on the 2017 program and should not be compared to previous years’ or programs.

Note: Campers will need to have room in or on their bags for additional items that will be added once they arrive at camp (i.e. food, tent, etc.).

- Mess kit
- Utensils (fork, spoon)
- Sponge (small pre-soaped works good)
- Camp shoes (i.e. “crocks or sandals”)
- Boots (lightweight – no steel toe)
- Socks (both wool and cotton)
- Rain Gear – (jacket or poncho)
- Ball cap (**OPTIONAL**)
- Clothes
- \$12.00 in quarters (for our staff to wash your laundry on the weekends)
- 4 collared shirts for chapel (**In additional to other clothes**)
- Air-seal bags for clothing or large zip lock bags (**OPTIONAL**) **Saves space and keeps clothes dry**
- Camp towel (**This is not a traditional towel**)
- Insect repellent (**OPTIONAL**)
- Prescription medication (If needed)
- Emergency glow stick
- Whistle
- Mirror (**OPTIONAL**)
- Sewing kit (**OPTIONAL**)
- Tool knife (Swiss Army or Leatherman style)
- Sleeping Bag (light weight)
- Sleeping pad
- Backpack (4000+ cu. in.) – **Call for rental availability**
- Two Trekking Poles (**REQUIRED - MUST BRING**)
- (3) 32 ounce water storage bottles (wide mouth)
- Zip lock bags (for dry storage)
- Carabineers or D-clips (**OPTIONAL**)
- Head Lamp w/ 1 extra set of Batteries
- Toilet paper (biodegradable)
- Bible – KJV (must be Old and New Test.)
- Small notebook
- Pen/pencil
- Personal hygiene items (toothpaste, comb, deodorant, soap, shampoo) **ENOUGH FOR THE ENTIRE 13 DAYS**
- Hand Wipes
- Small Hatchet (**PACK SEPARATELY** - **Must be handed in to staff at check-in** – Used during supervised session)
- 1 Can of Isobutene fuel (**PACK SEPARATELY** - **Must be handed in to staff at check-in** – Used during supervised session)
- Rain fly for back pack (if needed - a large heavy trash bag can work, yet not as efficiently)
- Snack Shop Money (\$30.00 - \$50.00)

### What Not to Bring:

Radios, CD, tape players, MP3 players, electronic games, tobacco/alcohol, fireworks, tank tops, t-shirts with worldly ads, guns, cell phones, matches, lighters, buck knives, machetes, magazines, and books (beside Bible and notebook).